

**PHOSPHORESCENCE.** In her book of that name, Julia Baird refers to the Bible: “God *is* light”. Says she: “We find solace in knowing there is something bigger than us; something we may not entirely understand, that can provide a wick for an inner light.” **T**hat inner light (God, if you will) is the illumination we need to light the path of our life.

phos·pho·res·cence

*persistent emission of light without appreciable heat  
as from bioluminescence of living organisms*

*see also* GOD 2

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**PURPOSE OF LIFE.** Once a man wanted to know the purpose of life. **T**he story has it there was a sage who meditated in a cave on a mountain. So the man climbed the mountain, found the mystic, and asked his question, only to be told: “Go and find your own cave, meditate, and you will know.” **I**s there a more practical answer? Yes, the Dalai Lama says: “Be happy.” Other saints will tell you: “Know the Truth”; while a philosopher may say “Know your Self”, or “find meaning”; but also “expressed in language, the query is meaningless.” **W**hile pondering all this, you will probably just raise a family and do your duty.

*see also* DUTY, MEANING

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**QUALITY.** In *ZEN And The Art Of Motorcycle Maintenance* Robert Pirsig writes: “To live only for some future goal is shallow. It’s the sides of the mountain which sustain life ... the only Zen you find on the top is the Zen you bring up there.” On the surface the book is about a motorcycle trip by the author and his son Chris. **B**ut for Pirsig the trip is a venture into metaphysics and philosophy. His exploration of Quality is a meditation on the symbiosis of subject and object, actor and act; working well on a motorcycle, caring, being in the moment, is to achieve inner peace. **I**n this sense living in Zen is to be intimately engaged in the process of life. When we are ‘in the present’ ... we find that life potentially has a better Quality.

*Quality is Dharma*

*Quality is the Buddha. Quality is Truth, Quality is Reality. Quality is the goal of art. “It remains to work these concepts into a practical, down-to-earth context; and there is nothing more practical and down-to-earth than what I have been talking about all along ... the repair of an old motorcycle.”*

*Quality is Caring*

*After a while Chris said, “can I have a motorcycle when I get old enough?” “If you take care of it.” “What do you have to do?” “Lots of things, you’ve been watching me.” “Will you show me all of them?” “Sure.” “Is it hard?” “Not if you have the right attitude. It’s having the right attitude that’s hard.”*

*Afterword*

*“What was the ulterior motive for writing the book?” And this one; “there’s none. Writing it seemed to have higher Quality than not writing it, that’s all.” There is a dark aftermath to the afterword: “Chris is dead, he was murdered.” “Still, there was another child, Nell.” “Things are better now.” Robert M. Pirsig*

*Yet, Quality cannot be defined ... it can only be understood intellectually by the use of analogy. Dan Glover:  
Lila's Child: An Inquiry Into Quality*

*see also* DHARMA, ZEN